

# Training, Coaching & Mentoring Programs

At UZIMA, we believe that **capacity-building is key to sustaining transformation**. Through our **Training, Coaching & Mentoring programs**, we equip **parents, teachers, mentors, leaders, and communities** with the skills, frameworks, and tools to guide learners and replicate the UZIMA model in their own contexts.

Most of our trainings are delivered through **intensive workshops**, ranging from **one to five days**, designed to be **interactive, practical, and outcome-focused**. We also offer **one-on-one coaching and mentoring sessions** to provide personalized guidance, alongside **Train-the-Trainer workshops** that empower participants to facilitate learning in their own families, schools, organizations, and communities.

We develop **custom tools, resources, and frameworks** tailored to different groups, ensuring that training, coaching, and mentoring are relevant for **children, youth, adults, married couples, corporate teams, and community leaders**. Among these tools are our **Meaningful Conversation Card Games**, designed to spark reflection, dialogue, and collaboration among groups living or working together. These activities foster **team cohesion, intergenerational learning, and shared purpose**.

Through our programs, participants gain practical skills to:

- Facilitate learning and mentorship effectively in diverse settings
- Strengthen personal and professional development
- Guide groups to solve real-world problems collaboratively
- Replicate UZIMA's holistic approach in schools, families, or organizations

By combining **practical workshops, tailored tools, coaching, and mentorship**, UZIMA ensures that transformation is **sustainable, scalable, and deeply integrated** into the daily lives of learners, families, and institutions.

## Key Features:

- Workshops lasting **1–5 days**, interactive and hands-on
  - One-on-one coaching and mentoring
  - Train-the-Trainer programs for replication
  - Tailored tools and resources for different groups and contexts
  - Meaningful Conversation Card Games for children, youth, adults, married couples, and corporate teams
  - Practical, outcome-oriented skills for learning facilitation and community impact
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